



Size	Servings
0.9 oz.	1
15.9 oz.	18
47.7 oz.	54

## Platinum Performance™ Wellness

### The Comprehensive Human Wellness Formula

Platinum Performance™ Wellness is a great-tasting granular formula containing a specific blend of health essential nutrients, like:

- Fresh ground organic flax seeds
- Cold pressed flax oil
- High-quality soy protein
- Whey Protein
- Antioxidants
- Trace minerals
- Vitamins
- Soluble fiber

This formula provides you and your family with a powerful blend of essential nutrients missing from the typical diet. It's easy to add to foods that you already enjoy eating like yogurt, juice, cereal, smoothies or applesauce. Each 25-gram serving of Platinum Performance Wellness contains 4,000mg of Alpha Linolenic Omega-3 Essential Fatty Acids and 80mg of Docosahexaenoic Acid (DHA) the most readily utilized Omega-3 Essential Fatty Acid. Unlike most formulas, our DHA is algal-sourced not fish-based. This eliminates the risk of impurities sometimes associated with fish oils and eliminates fishy aftertaste. Platinum Performance also provides six grams of high-quality protein, multiple cell protecting antioxidants and trace minerals that are often deficient in our modern diets.

### Recommendations for use

Mix 1 to 4 tablespoons of Platinum Performance™ with milk, juice, yogurt, in smoothies, or dress on cereal. It can also be eaten plain. Increase dosage for increased physical activity and anabolic needs. Refrigerate for freshness.



**Ingredients:** Organic Ground Flaxseed, Lactose-Free Whey Protein Concentrate, Rice Bran, Non-GMO Soy Flour, Organic Ground Sunflower Seeds, Flax Oil, Santa Barbara Wildflower Honey, Molasses, Performance Minerals,<sup>™</sup> Stevia, Chromium Yeast, Selenium Yeast, Glucosamine Sulfate 2KCl, Calcium Citrate, Magnesium Citrate, Aloe Vera, Acetyl-L-Carnitine, L-Carnitine Tartrate, Algal Omega-3 Docosahexanoic Acid (DHA), Vitamin C (ascorbic acid), Natural Vitamin E (d-Alpha-Tocopheryl Acetate), Pine Bark Extract, Uncaria Tomentosa, Cinnamon, Vanilla Powder, Niacinamide (B3), Calcium Pantothenate (B5), Vitamin A Palmitate, Thiamine Mononitrate (B1), Pyridoxine HCL (B6), Riboflavin (B2), Vitamin D3, Vitamin K1, Cyanocobalamin (B12), Folic Acid, Biotin.

**Made on equipment that also processes nuts. This product contains dairy, shellfish and soy ingredients. Platinum Granular<sup>™</sup> does not contain chemical preservatives, artificial flavors or coloring.**

## Guaranteed Analysis

<b>Energy</b>	<b>Amount per Serving</b>	<b>% Daily Value</b>									
Calories	115 CAL		Maltose	<2.0 g	*	Proline	270 mg	*	Vitamin E	60 IU	200%
Calories from Fat	54 CAL		Lactose	<0.5 g	*	<b>Macrominerals</b>			Vitamin K	16 mcg	20%
Crude Fat (min)	6 g	9%	Crude Protein	6 g	12%	Calcium	75 mg	8%	Vitamin C	60 mg	100%
Linolenic Acid (Omega-3)	4 g	*	<b>Amino Acids</b>			Phosphorus	110 mg	11%	Folic Acid	800 mcg	200%
Linoleic Acid (Omega-6)	2 g	*	Arginine	420 mg	*	Magnesium	10 mg	3%	Thiamin (B1)	0.5 mg	33%
DHA (Omega 3)	80 mg	*	Glycine	250 mg	*	Potassium	140 mg	4%	Riboflavin (B2)	0.6 mg	35%
Saturated Fat	0 g	0%	Isoleucine	280 mg	*	<b>Trace Minerals</b>			Niacin (B3)	8 mg	40%
Trans Fat	0 g	*	Leucine	430 mg	*	Copper	0.2 mg	10%	Pantothenic Acid (B5)	2.5 mg	25%
Cholesterol	6 mg	2%	Valine	330 mg	*	Iron	23 mg	130%	Pyridoxine (B6)	0.6 mg	30%
Sodium	30 mg	1.3%	Lysine	300 mg	*	Manganese	1 mg	50%	Cyanocobalamin (B12)	2.4 mcg	40%
Carbohydrate	9 g	3%	Tyrosine	150 mg	*	Silicon	300 mg	*	Biotin	60 mcg	20%
Dietary Fiber	4 g	16%	Glutamine	1,040 mg	*	Zinc	1 mg	7%	Choline	800 mcg	*
Sugars	3 g	*	Phenylalanine	240 mg	*	Chromium	50 mcg	42%	<b>Chondroprotective</b>		
Fructose	1.3 g	*	Threonine	270 mg	*	Selenium	50 mcg	71%	Glucosamine Sulfate 2KCl	120mg	
Glucose	1.2 g	*	Aspartic Acid	570 mg	*	<b>Vitamins</b>					
Sucrose	0.5 g	*	Alanine	260 mg	*	Vitamin A	1250 IU	25%	<b>* Daily Value is not established</b>		
			Histidine	110 mg	*	Vitamin D	100 IU	25%			

